

Wyoming Counseling Association Annual Conference



**September 28-30th, 2023
University of Wyoming - Casper**

WELCOME TO THE ANNUAL STATE CONFERENCE FOR THE WYOMING COUNSELING ASSOCIATION.

In consideration of the ongoing safety and convenience of our members, WCA has decided to offer both in-person and virtual attendance options for our 2023 conference. If you have any questions or concerns during this conference, please seek us out in person or by contacting us via email at wyoingcounseling@gmail.com

Conference Tips for Virtual Attendees:

Attire: Wear whatever you want! As a virtual attendee, you can choose to turn off your camera so others can't see you, or you can turn on your camera and allow others to see you. If you plan to turn on your camera, we do recommend wearing clothes (including pants), but please be comfortable. We know sitting on the computer for a long time requires comfort!

Courtesy: *Please...*

- a. Be sure to "name" yourself with your full name when you log into the session.
- b. Keep yourself "muted" unless the speaker invites you to share or ask a question
- c. Refrain from conversations in sessions as a sign of respect for others.
- d. Email wyoingcounseling@gmail.com if you have any trouble with sessions.
- e. Please complete the electronic evaluation form for each workshop and for the overall conference. We really DO read and incorporate your suggestions for speakers and conference improvements!

Photo Disclaimer: Registrants to the conference understand that publicity photographs may be taken during the event and their image/photographic likeness may appear in photographs. Photos containing your image/likeness may be used for publicity or general information purposes including publication on the WCA website or within other publicity which may be seen by the general public.

Sponsors: Get connected! We have some generous sponsors for our conference. Please visit our website and view the information for these wonderful sponsors.

WCA Awards & Business Meeting – Join us as we celebrate the embodiment of hope by recognizing the WCA award recipients. We will be announcing our award winners during the business meeting! All attendees and members (whether attending the conference virtually or in-person) will have access to the Livestream of the business meeting. The business meeting will take place Friday, September 29th from 11:30-12:30. Join us for important information on this year's activities and upcoming plans!

Featured Sessions: In partnership with affiliate organizations, we have several featured sessions that offer specific training and opportunity to learn more about our partner organizations. We are proud to host featured sessions from WAPT, WY-ASERVIC, and WySCA.

State Continuing Education Credits and NBCC Clock Hours:

Please note to receive credit for all of the CE contact hours being offered at the conference you must:

1. Attend at least 85% of the entire length of each plenary or workshop.
2. Submit your name in the "chat box" to log your attendance for virtual sessions. Should you need to request a replacement certificate at a later date; your request can only be honored if we can confirm your name is on the attendance roster!
3. Complete the CE Evaluation form online for the sessions attended (can be found below).
4. Complete the form in the program noting the sessions you attended (this is for your records).

5. Collect and fill-in the number of hours completed on your CE certificate emailed to you when you complete the evaluation survey.
6. Please email wyoingcounseling@gmail.com if you are interested in receiving UW graduate credit or PTSB credit.

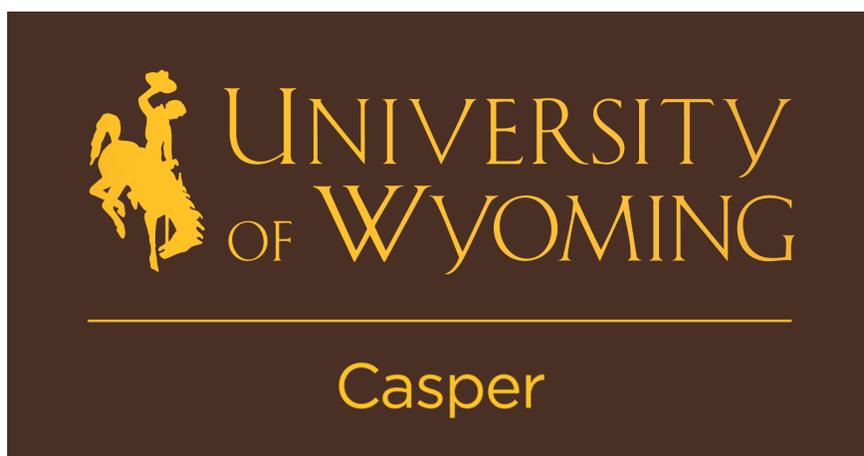
Evaluation and Continuing Education Certificate:

Evaluations for the conference are available online at https://uwyo.sjc1.qualtrics.com/jfe/form/SV_eIPtFOaFna0TVcy or by scanning the QR code below. You must complete the evaluations for the sessions attended, then your continuing education certificate will be sent via email.



This event is provided by WCA. Wyoming Counseling Association has been approved by NBCC as an Approved Continuing Education Provider, NBCC ACEP No 2051. Programs that do not qualify for NBCC credit are clearly identified. WCA is solely responsible for all aspects of the programs.

Thank you UW-Casper for hosting our conference!



2023 WCA Conference Schedule

Thursday, September 28, 2023	
LiveStream/Room 1	Room 2
12:00-12:50	12:00-12:50
Foundations of LGBTQ+ Affirming Care for Cisgender Clinicians <i>Alex Petrino, MS, LCPC, LPC</i> <i>Kate Schneider, MS, LPC</i>	WY-ASERVIC Featured Session <i>Patrice Parkinson, MA, NCC</i> <i>Anastasia Pipp, MA</i>
1:00-1:50	1:00-1:50
Ethical Considerations in Rural Practice <i>Andrea McGrath, PhD, LPC, LAC, LIMHP</i> <i>*1 hour of ethics</i>	WAPT Featured Session
2:00-2:50	2:00-2:50
Suicide Prevention <i>*1 hour of suicide prevention</i>	Strengthening Bonds: Navigating Couples Counseling in the Face of Substance Use <i>Kimberly Emery, LMFT, LAC, CCTS, MAC, AAMFT-AS</i>
3:00-4:20	3:00-4:20
Assessing Clinical Supervisee Strategies: Implications and Recommendations <i>Stacey Scholl, LPC</i> <i>Michelle Caputo, LPC</i> <i>*1.5 hours of supervision</i>	“Medical Trauma is an Event Not a Diagnosis”: How to Serve Clients <i>Lindsey Nichols, PhD, LCPC, LPC</i> <i>Patrice Parkinson, MA, NCC</i> <i>*1.5 hours of ethics</i>
4:30-5:30	
UW-Casper Open House/Social Hour	

Friday, September 29, 2023

**LiveStream/Room 1
UU 322**

**Room 2
UU 318**

8:00-8:50

Let's Talk About It: Addressing the Impact of
Common Myths, Attitudes, Beliefs and
Biases about Suicide

*Amanda Tracy, MS, PPC
Colleen Cullinane, BA
Joeline Alatorre, BA*

**1 hour of suicide prevention*

8:00-8:50

Counseling and Nursing Care at Hospice:
Inter-religious Respect and Practice
Benefitting Patients

Lou Farley, LPC, NCC

9:00-10:00

Licensure Trends: Proposed Rules and Supervision Trends

Kelly Heenan, PhD, LMFT, LPC

**1 hour of ethics*

10:00-11:20

Keynote Presentation
Use of Ketamine in Mental Health Treatment

11:30-12:30

BUSINESS MEETING/LUNCH BREAK

LiveStream/Room 1	Room 2
<p style="text-align: center;">12:30-1:20</p> <p style="text-align: center;">Virtual Reality Suicide Risk Assessment</p> <p style="text-align: center;"><i>Amanda DeDiego, PhD, LPC, NCC, BC-TMH</i></p> <p><i>*1 hour of suicide</i></p>	<p style="text-align: center;">12:30-1:20</p> <p style="text-align: center;">DSM-5-TR Measures</p> <p style="text-align: center;"><i>Jacob Stotler, LIMHP, LPC</i></p>
<p style="text-align: center;">1:30-2:20</p> <p style="text-align: center;">Increasing Awareness and Improving Diagnosis and Treatment of Panic Disorder</p> <p style="text-align: center;"><i>Richard Maners, LPC, LCPC</i></p>	<p style="text-align: center;">1:30-2:20</p> <p style="text-align: center;">An Introduction to Geek Therapy</p> <p style="text-align: center;"><i>John Steinbaugh, LMFT, Certified Geek Therapist</i> <i>Jeremy Bay, BS</i></p>
<p style="text-align: center;">2:30-3:50</p> <p style="text-align: center;">Secure Clinical Supervision: Using AEDP and EFT to Nurture Secure Learning by Supervisees</p> <p style="text-align: center;"><i>Leilani Cullen, MA, LMFT, AAMFT-AS</i></p> <p><i>*1.5 hours of supervision</i></p>	<p style="text-align: center;">2:30-3:50</p> <p style="text-align: center;">Grief and Loss</p> <p style="text-align: center;"><i>Kimberly Koll, NCC, LPC, LMHC</i></p>
<p style="text-align: center;">4:00-4:50</p> <p style="text-align: center;">Cultural Consideration to Foster Resilience in Latinx Students</p> <p style="text-align: center;"><i>Idel Enriquez, BA</i></p>	<p style="text-align: center;">4:00-4:50</p> <p style="text-align: center;">Walk in My Shoes: Rural Teacher Systemic Influences and Current Support Systems</p> <p style="text-align: center;"><i>Amanda Tracy, MS, PPC</i> <i>Amanda DeDiego, PhD, LPC, NCC, BC-TMH</i></p>

Saturday, September 30, 2023

LiveStream/Room 1

Room 2

8:30-9:20

Assessing Cannabis Use Disorder: Expanding the Effectiveness of the ASI and Clinical Interview

Diana Quealy Berge, PhD, LPC, LAT

8:30-9:20

Going for the Trauma: The Art of Brainspotting

Stephanie Neuman, LCSW

9:30-10:50

Clinical Interventions for the Assessment and Prevention of Suicide

Ty Tedmon-Jones, MA, LPC, LCAT, BC-DMT
Lay-nah Blue Morris-Howe, PhD, LPC

**1.5 hours of suicide prevention*

9:30-10:50

Staying Versatile with EMDR

Roberta Harper-McIntosh, LPC

11:00-11:50

Ethical Decision-Making in Applied Cases

Andrea McGrath, PhD, LPC, LAC, LIMHP

**1 hour of ethics*

11:00-11:50

Wy-SCA featured session

Kayla Wilkinson, MS, LPC, NCC

12:00-12:50

Legislative Policy and Advocacy Updates and Discussion

Lindsay Simineo, LPC

Session Descriptions: Thursday, September 28th

12:00-12:50

“Foundations of LGBTQ+ Affirming Care for Cisgender Clinicians”

Alex Petrino, Ms, LCPC, LPC

Kate Schneider, MS, LPC

LiveStream/Room #1

The session will focus on foundational knowledge of serving the LGBTQ+ community in Wyoming, particularly for cisgender clinicians. This session will seek to educate providers on incorporating LGBTQ+ affirming and gender affirming practices into their clinical settings. Nationwide and local statistics, suicide prevention, and strengths and challenges regarding this work will be discussed. Overall, we hope the learner will leave the session with increased confidence and knowledge to serve the LGBTQ+ community in Wyoming.

“WY-ASERVIC Featured Session”

Patrice Parkinson, MA, NCC

Anastasia Pipp, MA

Room #2

TBD

1:00-1:50

“Ethical Considerations in Rural Practice”

Andrea McGrath, PhD, LPC, LAC, LIMHP

LiveStream/Room #1

**1 hour of ethics*

Counselors working in rural communities experience a unique set of ethical challenges. This presentation will explore the ethical concerns that arise when working in rural communities, including competence, confidentiality, and multiple relationships. Strategies for prevention, navigating, and resolving ethical dilemmas will be identified.

“WAPT Featured Session”

TBD

Room #2

TBD

2:00-2:50

“Suicide Prevention”

TBD

LiveStream/Room #1

**1 hour of suicide prevention*

TBD

“Strengthening Bonds: Navigating Couples Counseling in the Face of Substance Use”

Kimberly Emery, LMFT, LAC, CCTS, MAC, AAMFT-AS

Room #2

This presentation will give an overview of best practices for working with couples experiencing substance abuse disorders, including assessment protocols and treatment planning. It will discuss common difficulties clinicians face in treating this specific population. This presentation is geared towards professionals already working in the field and students preparing for a career in addiction treatment. It will be particularly beneficial to clinicians specializing in substance abuse counseling and marriage and family therapy or who work in settings offering couples and family services to clients pursuing recovery.

3:00-4:20

“Assessing Clinical Supervisee Strategies: Implications and Recommendations”

Stacey Scholl, LPC

Michelle Caputo, LPC

LiveStream/Room #1

***1.5 hours of supervision**

Watkins’ (2014) contends that the supervisor-supervisee alliance may well be our most robust and significant factor in clinical supervision. The alliance is thought to be significant because it is within the context of the supervisory relationship that coaching, mentoring, and skill development occurs. However, because clinical supervision is an evaluative process, the supervisee may naturally present with anxiety and/or resistance, thereby challenging the relational dynamics as well as the effectiveness of clinical supervision. In this presentation, we utilize Kadushin’s Four Interpersonal Games to understand supervisee’s anxiety/resistance and identify effective ways of responding.

“Medical Trauma is an Event Not a Diagnosis: How to Serve Clients”

Lindsey Nichols, PhD, LCPC, LPC

Patrice Parkinson, MA, NCC

Room #2

***1.5 hours of ethics**

Medical trauma is something that more people have become aware of since the COVID-19 pandemic and now as we cope with the long-term results. This presentation will open up a discussion about how we ethically serve our clients given the experiences they have had. Knowing that not all experiences meet the diagnosis of trauma, how do we conceptualize the symptoms a client is experiencing to provide the best care possible.

4:30-5:30

“University of Wyoming - Casper Open House and Social Hour”

Location

Description of Open House/Social Hour here

Session Descriptions: Friday, September 29th

8:00-8:50

“Let’s Talk About It: Addressing the Impact of Common Myths, Attitudes, Beliefs and Biases about Suicide”

Amanda Tracy, MS, PPC

Colleen Cullinane, BA

Joeline Alatorre, BA

LiveStream/Room #1

****1 hour of suicide prevention***

Suicide can be a difficult subject to discuss, and sometimes feels easier to avoid. Wyoming has the highest rate of completed suicides per capita, calling attention to the need to talk about it. In this presentation, participants will understand the psychological, biological and social impact that suicide has on clients and the broader community. Specifically, participants will learn and discuss common myths about suicide as well as multicultural factors in their communities that influence beliefs and attitudes about suicide. There will be opportunities to engage in lecture and group discussions, addressing and reflecting on specific communities. Participants will be empowered to integrate what they have learned to promote protective factors and start/continue the conversation about suicide in their community, contributing to prevention efforts.

“Counseling and Nursing Care at Hospice: Inter-religious Respect and Practice Benefitting Patients”

Lou Farley, LPC, NCC

Room #2

Patients and their families at Hospice are grateful for the compassion and care they receive under our care. With many staff identifying as Christian, an integrated system of spiritual and emotional care supports in-house and community-wide inter-religious, patient- and family-focused interventions that optimize quality of life in the latter stages of patients' lives.

9:00-9:50

“Licensure Trends: Proposed Rules and Supervision Trends”

Kelly Heenan, PhD, LMFT, LPC

LiveStream/Room #1

****1 hour of ethics***

In this presentation, Dr. Heenan will give an outline of any substantial rule changes being proposed by the Board. Additionally, she will discuss trends and best tips around the practice of supervision across all disciplines.

10:00-11:20

“Keynote Presentation: Use of Ketamine in Mental Health Treatment”

Presenter

LiveStream/Room #1

Description

11:30-12:20

“Wyoming Counseling Association Member Business Meeting”

LiveStream/Room #1

All WCA members are invited and encouraged to attend our business meeting. We will be discussing updates from the past year and ongoing plans for the organization. Join us for important updates and discussion! We will also be presenting our annual awards and nominations for officers.

12:30-1:30

“Virtual Reality Suicide Risk Assessment”

Amanda DeDiego, PhD, LPC, NCC, BC-TMH

LiveStream/Room #1

**1 hour of suicide prevention*

Description

“DSM-5-TR Measures”

Jacob Stotler, LIMHP, LPC

Room #2

Establishing screenings and patient monitoring using clinical screenings is an insurance requirement for most insurance providers. Diagnostics in mental health start in the first minutes of seeing the patient and knowing how to navigate this process is not easy. This presentation includes clinical insight with some years of experience utilizing these measures and similar measures to track symptoms, understand areas of treatment effectiveness and establish proper diagnoses.

1:30-2:20

“Increasing Awareness and Improving Diagnosis and Treatment of Panic Disorder”

Richard Maners, LPC, LCPC

LiveStream/Room #1

As clinicians, as we improve our ability to recognize, diagnose, and effectively treat panic disorder, we can make a profound difference in the lives of those individuals we are treating. This presentation will go over the DSM-V diagnostic criteria and review the connection between panic disorder, suicide ideation and self harm. We will also review some best practices to increase clinical insight and enable our clients to quickly reduce the frequency of panic attacks and get their panic disorder under control and significantly reduce suicidal ideation and self harm.

“An Introduction to Geek Therapy”

John Steinbaugh, LMFT, Certified Geek Therapist

Jeremy Bay, BS

Room #2

Provide an overview of evidence-based geek therapy that helps to meet clients where they are through the use of tabletop and video games, and popular culture while also meeting therapeutic goals.

2:30-3:50

“Secure Clinical Supervision: Using AEDP and EFT to Nurture Secure Learning by Supervisees”

Leilani Cullen, MA, LMFT, AAMFT-AS

LiveStream/Room #1

***1.5 hours of supervision**

Awareness of core AEDP and EFT principles foster secure supervision environments in which clinicians develop and offer their best self with clients. These principles promote secure leading and learning of ethics and suicide to illicit authentic vulnerable expression by supervisees. In the secure learning relationship environment supervisees safely learn to understand and grow from clients that present ethical issues or suicidality. This prevents the risk of harming clients by hiding these things out of fear. Supervisors can be empowered with AEDP and EFT principles to develop a secure sense of self as a supervisor to create an authentic ethical supervisory relationship helping supervisees not hide the most important and toughest yet essential ethical supervision conversations to ensure quality care.

“Grief and Loss”

Kimberly Koll, NCC, LPC, LMHC

Room #2

Description

4:00-4:50

“Cultural Consideration to Foster Resilience in Latinx Students”

Idel Enriquez, BA

LiveStream/Room #1

Latinx immigrant students and their families face many difficulties when relocating to America, especially navigating the school system and culture. Understanding school expectations might be challenging when language is a barrier, often translated as a lack of engagement. This session will explore the five most common difficulties impacting Latinx outcomes in school and the resources they need to have access to overcome their struggles. It will also explore how stress due to racism and discrimination might affect their academic performance.

“Walk in My Shoes: Rural Teacher Systemic Influences and Current Support Systems”

Amanda Tracy, MS, PPC

Amanda DeDiego, PhD, LPC, NCC, BC-TMH

Room #2

Education is a cornerstone of society, and caring for educators is of paramount importance. Utilizing Bronfenbrenner’s Ecological Systems model, this presentation will look at two University of Wyoming studies that analyze systemic influences on teacher experiences, as well as measure the current state of mental health and support within districts. Participants will have a better understanding of what teachers are experiencing, and be given strategies to advocate for their clients and the broader education system.

Session Descriptions: Saturday, September 30th

8:30-9:20

“Assessing Cannabis Use Disorder: Expanding the Effectiveness of the ASI and Clinical Interview”

Diana Quealy Berge, PhD, LPC, LAT

LiveStream/Room #1

The purpose of this session is to improve the specific skills, techniques and activities of The audience for the conference includes counselors, social workers, marriage and family therapists, addictions therapists, career development facilitators, other mental health professionals, and graduate students. Medical Cannabis and increased recreational Cannabis use is not the Cannabis of 1960 or even 1999. Professionals working in health care, mental health, colleges, private practice, schools, correction centers, agencies, military and government agencies face the complicated reality of Cannabis in 2023 and how to address Cannabis in the workforce and in health care.

“Going for the Trauma: The Art of Brainspotting”

Stephanie Neuman, LCSW

Room #2

Stephanie has found an extremely effective way of changing lives through Brainspotting. This presentation is about understanding the science of the brain and allowing participants to see the way Brainspotting can truly change lives of those who need help and support. Participants will not only get the education behind brainspotting but they will also see a video clip of a client session (full permission granted) that allows the power of the pointer to shine through.

9:30-10:50

“Clinical Interventions for the Assessment and Prevention of Suicide”

Ty Tedmon-Jones, MA, LPC, LCAT, BC-DMT

Lay-nah Blue Morris-Howe, PhD, LPC

LiveStream/Room #1

***1.5 hours of suicide prevention**

This workshop will provide participants the opportunity to learn and explore clinical approaches to suicide risk assessment and interventions based on empirical research. Referencing The Columbia Suicide Risk Assessment Scale (The Research Foundation for Mental Hygiene, Inc., 2008) and The Stanley-Brown Safety Plan (2012) along with other assessments and approaches, presenters will support attendees in developing a comprehensive approach to suicide risk assessment and prevention. The workshop will focus on work with adolescents and adult populations and the material will apply to a range of settings. In addition to the interactive, didactic presentation, participants will have the opportunity to develop a stepwise plan to support the comprehensive implementation of a suicide risk assessment approach, as well as the opportunity to practice assessment and intervention in small groups.

“Staying Versatile with EMDR”

Roberta Harper-McIntosh, LPC

Room #2

Two alternative techniques for clinicians trained in EMDR. Attendees will gain a technique for managing present-day relationship fear in clients. Attendees will gain a technique for addressing recurrent fears placed in the future with clients. Attendees will gain a perspective on managing present-day trauma in clients with chronic trauma histories.

11:00-11:50

“Ethical Decision-Making in Applied Cases”

Andrea McGrath, PhD, LPC, LAC, LIMHP

LiveStream/Room #1

****1 hour of ethics***

Description

“Wy-SCA Featured Session”

Kayla Wilkinson, MS, LPC, NCC

Room #2

Description

12:00-12:50

“Legislative Policy and Advocacy Updates and Discussion”

Lindsay Simineo, LPC

LiveStream/Room #1

Counselors working in rural communities experience a unique set of ethical challenges. This presentation will explore the ethical concerns that arise when working in rural communities, including competence, confidentiality, and multiple relationships. Strategies for prevention, navigating, and resolving ethical dilemmas will be identified.

“Taking the Temperature: Mental Health Supports for Educators in Wyoming”

Angela Lincoln, PPC

Amanda Tracy

Room #2

As the conversation around mental health grows in Wyoming, it is critical to consider the access to services offered to employees. This presentation will outline a research project that is currently being conducted through UW, looking at challenges with retaining and recruiting teachers in its preK-12 public schools. Specifically, we will focus on what kinds of Employee Assistance Programs and mental health supports are provided for teachers around the state, how services or lack of services may be affecting the current climate in education, and how the results will be used to advocate for our educators and field.

Presenter Biographies

Alex Petrino, MS, LCPC, LPC has been a licensed clinician since 2013. She has worked in South Dakota, Montana, Illinois, and Wyoming. Throughout her time as a clinician she has worked in residential, agency, Emergency Department, and private practice settings. She currently works primarily with adults in the LGBTQ+ community and individuals in the perinatal period of life.

Amanda DeDiego, PhD, LPC, NCC, BC-TMH is an Assistant Professor of Counseling at the University of Wyoming and Mental Health Counseling Coordinator for the University of Wyoming branch campus in Casper, WY. She has a PhD in Counselor Education from the University of Tennessee and holds a MS in Community Counseling from the University of North Georgia. Dr. DeDiego currently serves as a board member for Wyoming Counseling Association (Treasurer), Association for Creativity in Counseling (Treasurer), Rocky Mountain ACES (President), and Chair-Elect for Western Region of ACA.

Amanda Tracy, MS, PPC is a Counselor Education & Supervision PhD student at the University of Wyoming. She recently graduated with her Master's degree and works at the Cathedral Home for Children Outpatient Clinic. Amanda's counseling degree emphasizes school counseling, and she has an interest in continuing advocacy through research in the education field and working with adolescents. Amanda lives in Laramie and enjoys all things outdoors.

Andrea McGrath, PhD, LPC, LIMHP, LAC is an Assistant Professor of Counseling at Doane University. She holds licenses for mental health and addictions counseling practice in Colorado, Wyoming, and Nebraska. Her focus of clinical practice is primarily with adults with co-occurring mental health and substance use concerns. Her research interests are centered on counselors and counselor trainees in recovery from substance use and how educators and supervisors can best support this unique population of counselors. She currently serves on the board of the Wyoming Counseling Association, Nebraska Counseling Association, and Rocky Mountain Association for Counselor Education and Supervision.

Colleen Cullinane, BA: After completing her undergraduate degree in elementary education, Colleen Cullinane is now in the final stages of her master's program in counseling with an emphasis in school counseling at the University of Wyoming. As part of her academic journey, she will soon begin an internship at Laramie High School. Colleen's passion lies in assisting high school students who have undergone substantial early childhood trauma. Colleen's extensive research and previous history in the classroom have equipped her with the knowledge and tools necessary

Diana Quealy Berge, PhD WY LAT/LPC is a seeker of truth and person in long term recovery. Over 37 years of experience, observation, personal and professional experience several things have been made very clear. Knowledge is fluid and requires constant engagement. Experience can inform the process is necessary but not sufficient for expertise. Integration of observation, experience, knowledge and intuition leads to better outcomes. As a person on the Red Road of Wellbriety balance physically, emotionally, mentally and spiritually the search continues. Diana currently is completing the Pacific College Medical Cannabis Certificate to augment her certifications in Wellbriety's prevention and treatment of Native Americans; a master's and Doctorate in Counseling from the University of Wyoming; a bachelor's degree in Social Science and Associates Degree from Casper College. Diana is lifelong learner.

Idel Enriquez, BA is a Mental Health student at UW & 2023 NBCC minority fellow. He works at NCSD as a Bilingual Specialist and serves as an interpreter, translator, family engagement coordinator, and advocate for non-English-speaking families within the School District. His experiences as an immigrant forged his determination to support underserved populations in Casper, Wyoming. He works to bridge the gap between Latinx families and the education system to diminish the effects of the immigration process.

Jacob Stotler, LIMHP, LPC is an LIMHP in Nebraska, LPC in Wyoming. History working with patients with SMI and specialty in private practice working with youth and adults with depression, anxiety and speciality care in attention, hyperactivity and obsessive compulsive (BFRB) presentations. Specialty care in CPT, PMT, and Behavioral interventions.

Jeremy Bay, BS is a native of Cheyenne, WY, returning home after completing more than two decades of service in the United States Navy. He has earned a Bachelor of Science in Human Services, with additional post-secondary education in human development and adolescent education. He is in the final stages of his graduate degree in Military and Emergency Responder Psychology. Jeremy is committed to social equity, particularly in the areas of affordable housing, food insecurity, and creating restorative communities. He is dedicated to removing barriers to care and bringing resources/assets together to create stronger communities. He is an advocate for “for change surrounding providing for populations experiencing mental health challenges, substance use disorders, domestic violence, and homelessness. He is an avid fan of pop culture and embraces geekdom

John Stinebaugh, LMFT, Certified Geek Therapist began counseling in 2007. Prior to living and working in Wyoming John has worked in public education and community mental health in rural Kansas and Colorado, providing a wide array of services to children and their families. John is also a clinical fellow with the American Association of Marriage and Family Therapy and was a graduate of its inaugural Leadership Cohort in 2017. John completed his bachelor’s degree in Human Development from Amridge University in 2009 and his master’s degree in Marriage and Family Therapy in 2012. John was honorably discharged from the United States Marines in 2007. In the office you can find him using his home therapy of Narrative Therapy, doing a session with his therapy dog Huxley, or playing games as a Certified Geek Therapist

Joseline Alatorre, BA is a current counseling graduate at the University of Wyoming, with an emphasis in school counseling. She will be interning with the counseling department at Laramie High School, and it will be her first time working with teenagers! She is interested in working with ages 5-14 and would love to work in an elementary or middle school post graduation. When she isn't too busy with school she is a volunteer with Laramie Safe Project and helps with the hotline. She is also a big sister for Big Brothers and Big Sisters and spends time with her little every week!

Kayla Wilkinson, MS, LPC, NCC bio here

Kelly Heenan, PhD, LMFT, LPC has served on Wyoming's Mental Health Professional Licensing Board since 2011. For the past 11 years, she has represented the MFT profession. She has also held the position of board chair for the previous 5 years. In addition to her work with the Mental Health Licensing Board, Dr. Heenan volunteers with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) as a site visitor and on the accreditation review committee. Dr. Heenan graduated from Texas Woman's University in 2009 with her PhD and in Marriage and Family Therapy. She currently works for Capella University as the Academic Program Director for the MS in Marriage and Family Therapy and the PhD in Advanced Studies in Human Behavior programs.

Kimberly Emery, LMFT, LAC, CCTS is a licensed marriage and family therapist, licensed addiction counselor, master addiction counselor, and certified clinical trauma specialist. She has trained in animal-assisted therapy and is an AAMFT approved clinical supervisor. Kimberly is a doctoral candidate at the University of Wyoming.

Kimberly Koll, NCC, LPC, LMHC: I proudly have worked as a bereavement and grief & loss counselor for the last decade. As a military spouse, I have done grief and loss counseling throughout the country. In present time, I work for Davis Hospice Center in Cheyenne, WY as the Bereavement Coordinator/Counselor and regionally run the bereavement programming. I have done presentations about the importance of counseling for those who are dying and their families, within hospice, the hospital system, and Cheyenne communities. We follow our families at hospice for one year post loved one's death with support services such as free bereavement individual and group counseling and peer support programs. I am EMDR and TF-CBT trained, and Certified Advanced Grief Counseling Specialist (CAGCS).

Lay-nah Blue Morris-Howe, PhD, LPC is faculty in Counselor Education & Supervision at the University of Wyoming, where she teaches primarily in mental health counseling, including Counseling & Addictions. She has maintained a clinical counseling practice as a licensed professional counselor (LPC) for 15 years, serving clients across the lifespan, regularly including those challenged with addiction and the family members who are affected.

Leilani Ray Cullen MA, LMFT, AAMFT-AS was born in Hawaii where she attained her MA in Marriage & Family Therapy in 2000. She moved to Colorado Springs in 2009 and established a flourishing group practice and internship site. During 2020 she relocated to Douglas, Wyoming where she offers in person services there while offering statewide telehealth therapy, supervision, practicum/internship, mentoring, and consulting services to Wyoming, Colorado, and Hawaii. She has attained AEDP Level 3 and EFT Core Skills training. Her CV, Philosophy of Supervision, vision, mission, values and contact information are on her website allinclusivecounseling.com.

Lindsay Simineo, LPC is a Licensed Professional Counselor in Cheyenne, WY. Her private practice focuses on trauma, adolescents and the needs of LGBTQ+ folks. Lindsay has been able to use her skills and interests towards advocacy as well as legislative work. Since 2017 Lindsay has been working with the WCA to monitor state and federal legislation that impacts mental health providers and consumers including but not limited to Medicare amendments, state licensure amendments, access to medicaid and access to services.

Lindsey Nichols, PhD, LCPC, LPC has been a member of the University of Wyoming faculty for the last four years. Her background is working within the K-12 education community primarily, but transitioned to counselor education to focus on training future counselors. This training includes supporting people coping with physical illness and their communities (e.g., families, friends, partners). Although much of her work has been focused on the school counseling environment, recent events have immersed her in this specific work across the life span in mental health more generally. She has also had a lifelong journey with chronic illness and can share the complexity of working with medical trauma from a personal and professional perspective.

Lou Farley, LPC began his career as a school counselor in Glenrock, WY. He then worked for Southeast Wyo Mental Health Center as a child and family therapist until he opened his private practice which he held for 30 years in Laramie. Lou is an ordained Buddhist in the Drikung Kagyu Lineage of Tibetan Buddhism. He currently serves as the spiritual director for Hospice of Laramie.

Michele Caputo, M.Ed., LPC, has been practicing as a clinical therapist since 2008. Upon completion of her Master's Degree, she began working at Cathedral Home where she has been for the last 15 years. Michele started off working in the residential program and remained a counselor there for 14 years before moving to her current position, Clinical Services Manager. In this position she provides oversight and leadership in a newly developed outpatient program. In 2012 Michele began formally training to provide clinical supervision to other clinicians at Cathedral Home. Since this time she has provided clinical supervision to many provisionally licensed clinicians at Cathedral Home. Over the years, Michele has been able to collaborate and consult with Dr. Kenneth Coll, Professor of Counseling at the University of Nevada, Reno and Cathedral Home's Data and Research Consultant, to help gain skills and knowledge of supervision strategies and approaches.

Patrice Parkinson, MA, NCC is an international student from Jamaica pursuing her doctorate in Counselor Education and Supervision at the University of Wyoming. Patrice earned her M.A. in Clinical Mental Health Counseling from Liberty University, a B.S. in Psychology from the University of the West Indies, and B.A in Divinity from Grace College of Divinity. Patrice has served as an online adjunct faculty and media coordinator for Chi Sigma Iota Rho ETA chapter, International Counseling Honor Society. Her research interests include attachment, multicultural counseling, international student perspectives, and chronic illness. She will use her research findings to enhance cross-cultural advocacy in practice.

Richard Maners, MS, LPC is a licensed professional counselor with a masters degree in psychological counseling and is the owner of Southern Wyoming Mental health in Laramie Wyoming. He's been in private practice for three years.

Robert Paul Maddox II, PhD, LPC, NCC is a counselor educator at the University of Wyoming at Casper. His academic credentials include a Ph.D. in Counselor Education and Supervision, an Ed.S. in Counseling Education, and a M.A. in Community Counseling. Additionally, he is a Licensed Professional Counselor (LPC) and a National Certified Counselor (NCC) with experience in school and clinical mental health counseling. He is the President-Elect for the Wyoming Association for Play Therapy and has been a member of the board since 2019. He currently serves as the Play Therapy Online Graduate Certificate Program Coordinator at the University of Wyoming, and he also coordinates the counselor education program's school counseling track at the University of Wyoming's Casper branch campus. Dr. Maddox has published articles and presented at numerous state, regional, and national conferences regarding a variety of topics such as trauma informed care, ethics, school counseling, play therapy, creativity in counseling, social justice, and experiential learning.

Roberta Harper-McIntosh, LPC has practiced in Laramie, WY, since 2014, using EMDR and somatic and existential approaches with all ages. Her background is in environmental studies and domestic/relationship abuse.

Stacey Scholl, LPC oversees clinical services offered within Cathedral Home's residential and community/outpatient settings. Stacey began her career as a clinician in 2005 as the Crisis Counselor at Laramie Youth Crisis Center, a program offered by Cathedral Home for Children. In 2007, Stacey became a therapist within Cathedral Home's residential program and remained within this position until transitioning into the role of Clinical Director in 2017. As a residential therapist, Stacey began training as a clinical supervisor in 2011; since this time, she has provided and overseen clinical supervision at Cathedral Home. Additionally, Stacey has also trained other therapists to provide clinical supervision. To enhance quality improvement and client care, Stacey collaborates with Dr. Kenneth Coll, Professor of Counseling at University of Nevada, Reno and Cathedral Home's Clinical Data and Research Consultant, to research and publish innovative clinical supervision practices pertaining to supervisor/supervisee dynamics and other clinical topics.

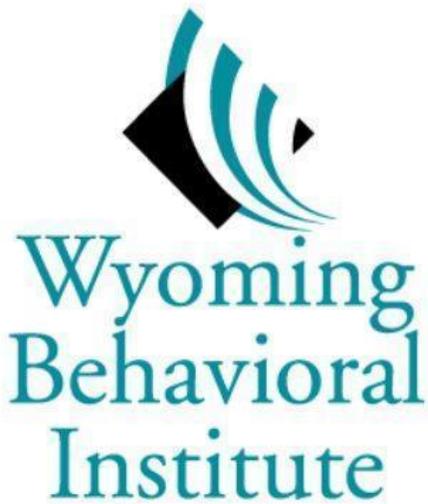
Stephanie Neuman, LCSW is not only a LCSW but a Life Changer. She has over ten years as a law enforcement officer and has been a Mental Health Therapist for over 10 years. Stephanie brings energy and empathy in her sessions with clients. She is also a passionate speaker and enjoys giving and teaching about things she loves. When Stephanie isn't changing lives she is enjoying the mountains with her family and dogs.

Ty Tedmon-Jones, MA, LPC, LCAT, BC-DMT received his master's degree from Antioch University New England in Dance/Movement Therapy and Counseling Psychology, and is a doctoral student in the Counselor Education and Supervision program at the University of Wyoming. Ty has diverse experience in clinical areas ranging from Early Childhood Mental Health to Inpatient Psychiatric Rehabilitation and has 20 years of clinical training and experience in the field. Ty is licensed as a Professional Counselor in the states of Wyoming & Colorado, a licensed Creative Arts Therapist in the state of NY, and is a Board-Certified Dance/Movement Therapist. You can find his private practice Somatic Revelations, LLC at Somaticrevelations.com to learn more.

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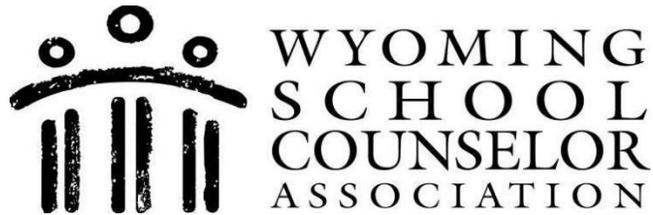


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Thank You!

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For updates and membership information

Please visit:

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We hope to see you at the 2024 conference!

Clock Hours Documentation

Please indicate sessions attended and calculate clock hours earned. No need to turn in anything, this is just for your own records.

Name: _____

Hours Earned	Thursday, September 28th, 2023
	<p>12:00-12:50 (1 clock hour)</p> <p><input type="checkbox"/> Foundations of LGBTQ+ Affirming Care for Cisgender Clinicians <i>Alex Petrino, MS, LCPC, LPC</i> <i>Kate Schneider, MS, LPC</i></p> <p><input type="checkbox"/> Wy-ASERVIC Featured Session <i>Patrice Parkinson, MA, NCC</i> <i>Anastasia Pipp, MA</i></p>
	<p>1:00-1:50 (1 clock hour)</p> <p><input type="checkbox"/> Ethical Considerations in Rural Practice <i>Andrea McGrath, PhD, LPC, LAC, LIMHP</i> <i>*1 hour of ethics</i></p> <p><input type="checkbox"/> WAPT Featured Session</p>
	<p>2:00-2:50 (1 clock hour)</p> <p><input type="checkbox"/> Suicide Prevention <i>*1 hour of suicide prevention training</i></p> <p><input type="checkbox"/> Strengthening Bonds: Navigating Couples Counseling in the Face of Substance Use <i>Kimberly Emery, LMFT, LAC, CCTS, MAC, AAMFT-AS</i></p>
	<p>3:00-4:20 (1.5 clock hours)</p> <p><input type="checkbox"/> Assessing Clinical Supervisee Strategies: Implications and Recommendations <i>Stacey Scholl, LPC</i> <i>Michelle Caputo, LPC</i> <i>*1.5 hours of supervision</i></p> <p><input type="checkbox"/> “Medical Trauma is an Event Not a Diagnosis”: How to Serve Clients <i>Lindsey Nichols, PhD, LCPC, LPC</i> <i>Patrice Parkinson, MA, NCC</i> <i>*1.5 hours of ethics</i></p>
Friday, September 29th, 2023	
	8:00-8:50 (1 clock hour)

	<p><input type="checkbox"/> Let's Talk About It: Addressing the Impact of Common Myths, Attitudes, Beliefs and Biases about Suicide <i>Amanda Tracy, MS, PPC</i> <i>Colleen Cullinane, BA</i> <i>Joeline Alatorre, BA</i> <i>*1 hour of suicide prevention</i></p> <p><input type="checkbox"/> Counseling and Nursing Care at Hospice: Inter-religious Respect and Practice Benefitting Patients <i>Lou Farley, LPC, NCC</i></p>
	<p>9:00-9:50 (1 clock hour) <input type="checkbox"/> Licensure Trends: Proposed Rules and Supervision Trends <i>Kelly Heenan, PhD, LMFT, LPC</i> <i>*1 hour of ethics</i></p>
	<p>10:00-11:20 (1.5 clock hours) <input type="checkbox"/> Keynote Presentation: Use of Ketamine in Mental Health Treatment</p>
	<p>11:30-1:20 (1 clock hour) <input type="checkbox"/> Virtual Reality Suicide Risk Assessment <i>Amanda DeDiego, PhD, LPC, NCC, BC-TMH</i> <i>*1 hour of suicide prevention</i></p> <p><input type="checkbox"/> DSM-5-TR Measures <i>Jacob Stotler, LIMHP, LPC</i></p>
	<p>1:30-2:20 (1 clock hour) <input type="checkbox"/> Increasing Awareness and Improving Diagnosis and Treatment of Panic Disorder <i>Richard Maners, LPC, LCPC</i></p> <p><input type="checkbox"/> An Introduction to Geek Therapy <i>John Steinbaugh, LMFT, Certified Geek Therapist</i> <i>Jeremy Bay, BS</i></p>
	<p>2:30-3:50 (1.5 clock hours) <input type="checkbox"/> Secure Clinical Supervision: Using AEDP and EFT to Nurture Secure Learning by Supervisees <i>Leilani Cullen, MA, LMFT, AAMFT-AS</i> <i>*1.5 hours of supervision</i></p> <p><input type="checkbox"/> Grief and Loss <i>Kimberly Koll, NCC, LPC, LMHC</i></p>
	<p>4:00-4:50 (1 clock hour) <input type="checkbox"/> Cultural Consideration to Foster Resilience in Latinx Students <i>Idel Enriquez, BA</i></p> <p><input type="checkbox"/> Walk in My Shoes: Rural Teacher Systemic Influences and Current Support Systems</p>

	<p><i>Amanda Tracy, MS, PPC</i> <i>Amanda DeDiego, PhD, LPC, NCC, BC-TMH</i></p>
<p>Saturday, September 30th, 2023</p>	
	<p>8:30-9:20 (1 clock hour)</p> <p><input type="checkbox"/> Assessing Cannabis Use Disorder: Expanding the Effectiveness of the ASI and Clinical Interview <i>Diana Quealy Berge, PhD, LPC, LAT</i></p> <p><input type="checkbox"/> Going for the Trauma: The Art of Brainspotting <i>Stephanie Neuman, LCSW</i></p>
	<p>9:20-10:50 (1.5 clock hour)</p> <p><input type="checkbox"/> Clinical Interventions for the Assessment and Prevention of Suicide <i>Ty Tedmon-Jones, MA, LPC, LCAT, BC-DMT</i> <i>Lay-nah Blue Morris-Howe, PhD, LPC</i> <i>*1.5 hours of suicide prevention</i></p> <p><input type="checkbox"/> Staying Versatile with EMDR (1 clock hour; 30 minutes consultation) <i>Roberta Harper-McIntosh, LPC</i></p>
	<p>11:00-11:50 (1 clock hour)</p> <p><input type="checkbox"/> Ethical Decision-Making in Applied Cases <i>Andrea McGrath, PhD, LPC, LAC, LIMHP</i> <i>*1 hour of ethics</i></p> <p><input type="checkbox"/> Wy-SCA featured session <i>Kayla Wilkinson, MS, LPC, NCC</i></p>
	<p>12:00-12:50 (1 clock hour)</p> <p><input type="checkbox"/> Legislative Policy and Advocacy Updates and Discussion <i>Lindsay Simineo, LPC</i></p>

Total Hours Earned (17 possible): _____

Total Ethics Hours Earned (4.5 possible): _____

Total Suicide Training Hours Earned (4.5 possible): _____

Total Supervision Training Hours Earned (3 possible): _____



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