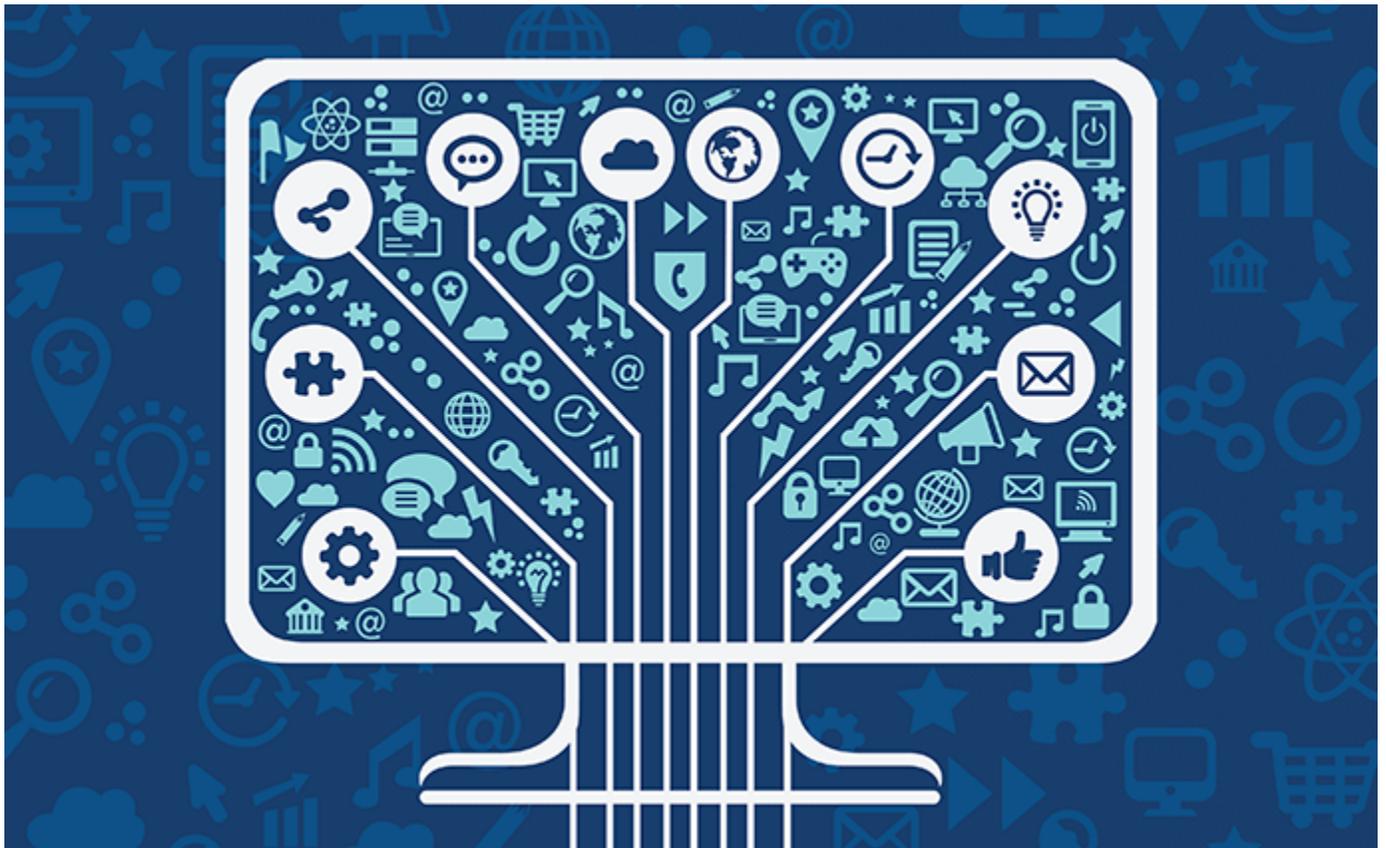


Wyoming Counseling Association 2020 Annual Conference



October 15-17, 2020
Virtual Conference via Zoom Meeting

WELCOME TO THE ANNUAL STATE CONFERENCE FOR THE WYOMING COUNSELING ASSOCIATION.

Out of an abundance of caution due to COVID-19, and in consideration of the safety of our members, WCA has made the difficult decision to hold our annual conference online for Fall 2020. Counseling professionals serve community needs. By making the adjustment to hold the meeting online, we can provide a high quality conference safely and work together across Wyoming in this challenging time. If you have any questions or concerns during this conference, please seek us out by contacting us via email at womingcounseling@gmail.com

Conference Tips:

Attire: Wear whatever you want! As a virtual conference you can choose to turn off your camera so others can't see you, or you can turn on your camera and allow others to see you. If you plan to turn on your camera, we do recommend wearing clothes (including pants), but please be comfortable. We know sitting on the computer for a long time requires comfort!

Courtesy: *Please...*

- a. Be sure to "name" yourself with your full name when you log into the session.
- b. Keep yourself "muted" unless the speaker invites you to share or ask a question
- c. Refrain from conversations in sessions as a sign of respect for others.
- d. Use the tech support contact information if you have any trouble with sessions.
- e. Please complete the electronic evaluation form for each workshop and for the overall conference. We really DO read and incorporate your suggestions for speakers and conference improvements!

Photo Disclaimer: Registrants to the conference understand that publicity photographs may be taken during the event and their image/photographic likeness may appear in photographs. Photos containing your image/likeness may be used for publicity or general information purposes including publication on the WCA website or within other publicity which may be seen by the general public.

Sponsors: Get connected! We have some generous sponsors for our virtual conference. Please visit our website and view the information for these wonderful sponsors.

WCA Awards & Business Meeting – Join us as we celebrate the embodiment of hope by recognizing the WCA award recipients. We will be posting videos to highlight our award winners this year on our Facebook page and website! To allow as many CE credits as possible, we are recording our business meeting this year. You will get notification via email and Facebook when the business meeting is available on our website. Look for opportunities to provide questions and comments to be addressed in the meeting.

Featured Sessions: In partnership with other Wyoming professional organizations, we have several featured sessions that offer specific training and opportunity to learn more about our partner organizations.

State Continuing Education Credits and NBCC Clock Hours:

Please note to receive credit for all of the CE contact hours being offered at the conference you must:

1. Attend at least 85% of the entire length of each plenary or workshop.
2. Submit your name in the “chat box” to log your attendance. Should you need to request a replacement certificate at a later date; your request can only be honored if we can confirm your name is on the attendance roster!
3. Complete the CE Evaluation form online for the sessions attended.
4. Complete the form in the program noting the sessions you attended (this is for your records).
5. Collect and fill-in the number of hours completed on your CE certificate emailed to your when you complete the evaluation survey.
6. Please email wyoingcounseling@gmail.com if you are interested in receiving UW graduate credit.

Evaluation and Continuing Education Certificate:

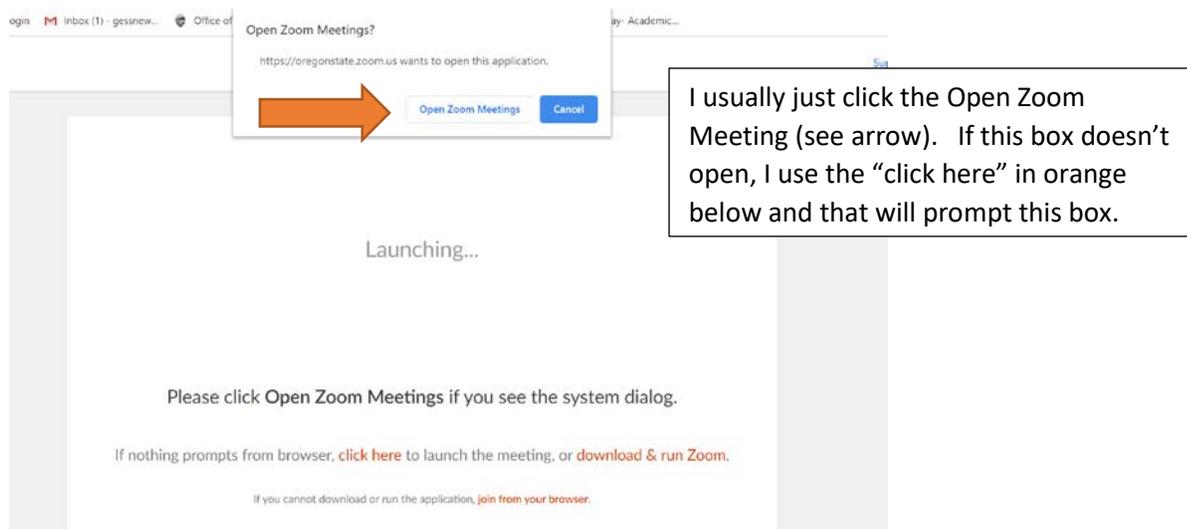
Evaluations for the conference are available online at <https://tinyurl.com/2020WCA> or linked on the WCA conference web page. You must complete the evaluations for the sessions attended, then your continuing education certificate will be sent via email. You can also scan the code below with your phone and complete the evaluations as you go!



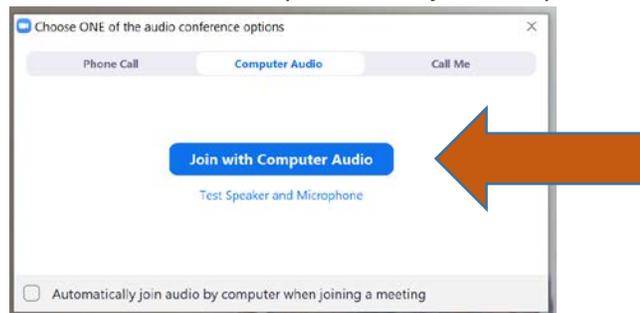
This event is provided by WCA. Wyoming Counseling Association has been approved by NBCC as an Approved Continuing Education Provider, NBCC ACEP No 2051. Programs that do not qualify for NBCC credit are clearly identified. WCA is solely responsible for all aspects of the programs.

Zoom Tips

Once you've clicked on the link, you should see this screen:



The next screen asks if you want to join with your computer audio. Click on it.

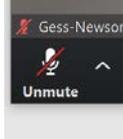


Now you should be in the zoom meeting. You should be able to hear and see others.

This is your control bar at the bottom of the screen.

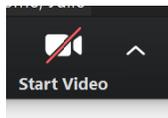


The first button, **MUTE**, tells you whether or not others can hear you. As shown, they can hear you (if your microphone is working). When you speak, the microphone should have a green bar on it to show that it is picking up sound. If you want to mute your microphone so that people can't hear you or noise from the house, you just have to put your cursor over the microphone and click, and it will shut off your microphone. It will look like this: To have folks here you, can hold down your space bar to side? You can click on that to get



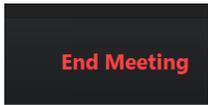
click on it again to remove the red bar. As an alternative, you temporarily remove the mute button. See the up arrow on the to additional options.

The **STOP VIDEO** button, as shown above, means that people will be able to see you on video. If you don't want them to see you, click on it to get the red slash like below. When you do that, they will just see your



name.

The rest of the buttons will probably not be very important to you except this one: It may say **LEAVE MEETING** rather than END. Click on it to get out the the meeting. It may ask that you confirm that you want to leave.



2020 Conference Schedule

Thursday, October 15, 2020	
Zoom Room #1	Zoom Room #2
9:00-10:20 <i>BE the Calm in the Storm: Assisting Clients With Self-Regulation</i> <i>Part 1</i> <i>Jan Schaad, LCSW</i>	9:00-10:20 <i>Approaching Risk Assessment for Suicide with Existential Understanding and Cultural Humility</i> <i>Tina Nirk, MS, LPC, NCC</i> <i>*1.5 hours of suicide</i>
10:30- 11:50 <i>BE the Calm in the Storm: Assisting Clients With Self-Regulation</i> <i>Part 2</i> <i>Jan Schaad, LCSW</i>	10:40-12:00 <i>The Class Menagerie: Learning the Process Dimension in Counseling and Supervision</i> <i>Stephanie Keane, PhD, LAT, LPC, NCC</i> <i>*1.5 hours of supervision or ethics (cannot count for both)</i>
12:00-1:00 LUNCH BREAK	
Zoom Room #1	Zoom Room #2

1:00-2:20

***Theory, Ethics, and Best Practices for Rocky Mountain
Clinical Supervisors (Part 1)***

***Lay-nah Blue Morris-Howe, PhD, LPC
Amanda DeDiego, PhD, NCC
Andrea McGrath, PhD, LPC, LAC, LIMHP***

**1.5 hours of supervision*

1:00-2:20

Being Human in Complex Decision Making

***Jane Warren, PhD, LPC, LMFT, LAT
Amanuel Asfaw, PhD
Vivian Arroyo, MSW, LCADC, CAMS-I, CCTP, CCTS-S***

Zoom Room #1

2:40-3:40

Mental Health Professions Licensing Board Updates and Discussion

***Candise Leininger, MS, NCC, GCDF, LPC, EMDR
Kelly Heenan, PhD, LMFT, LPC***

Session Descriptions: Thursday October 15^h

9:00-10:20

“BE The Calm in the Storm: Assisting Clients with Self-Regulation (Part I)”

Jan Schaad, LCSW

Zoom Room #1

This sessions explores how therapists can help clients build ability for self-regulation and address trauma as it impacts the brain. This session introduces some concepts of EMDR including memory networks, dissociation, ego states, regulation, and the preparation of the therapist to address client trauma. The session will emphasize how to help build trust and ground clients struggling with trauma response.

“Approaching Risk Assessment for Suicide with Existential Understanding and Cultural Humility”

Tina Nirk, MS, LPC, NCC

Zoom Room #2

Much of mandatory risk assessment in health care settings today was prompted by the sad reality that persons experiencing painful suicidal thoughts may suffer alone and be reluctant to seek help. Mandating risk assessment is not likely to encourage those who wish to be self-sufficient, fear judgement or being a burden on others, or who have experienced service denial or service discrimination (especially related to transgender or addicted persons) to ask for help. A paradigm shift from assessment to understanding is recommended in this presentation. Advisement on being culturally humble to the storied and existential experience of suicidality is provided.

10:30-11:50

“BE The Calm in the Storm: Assisting Clients with Self-Regulation (Part II)”

Jan Schaad, LCSW

Zoom Room #1

This sessions explores how therapists can help clients build ability for self-regulation and address trauma as it impacts the brain. This session introduces some concepts of EMDR including memory networks, dissociation, ego states, regulation, and the preparation of the therapist to address client trauma. The session will emphasize how to help build trust and ground clients struggling with trauma response.

10:40-12:00

“The Class Menagerie: Learning the Process Dimension in Counseling and Supervision”

Stephanie Keane, PhD, LAT, LPC, NCC

Zoom Room #2

This presentation explores the ways in which our relational templates interact with those of our clients. It will tie in concepts of attachment, trauma, and the ethical implications of the way we interact with the persons we serve.

1:00-2:20

“Theory, Ethics, and Best Practices for Rocky Mountain Clinical Supervisors (Part I)”

Lay-nah Blue Morris-Howe, PhD, LPC

Amanda DeDiego, PhD, NCC

Andrea McGrath, PhD, LPC, LAC, LIMHP

Zoom Room #1

Supervision is a critical aspect of counselor training and development. Especially in Rocky Mountain communities, supervision is a complex relationship including considerations of community need and ethical conduct. This session explores supervision theory, ethical problem solving, and considerations for supervisors working in rural communities.

“Being Human in Complex Decision Making”

Jane Warren, PhD, LPC, LMFT, LAT

Amanuel Asfaw, PhD

Vivian Arroyo, MSW, LCADC, CAMS-I, CCTP, CCTS-S

Zoom Room #2

To be humanistic is to be open, flexible, and not knowing. This presentation will review the decision-making process integrating the American Counseling Association (ACA 2014) decision making model with humanistic model. The purpose will be to identify how there might not be one right way to decide. Decision making is influenced by many variables such as cognitive development, peer interaction, the perspective of another, the culture, gender, emotions, the family, unconscious and conscious awareness, social conventions, rules, sanctions, social justice, what is prosocial, empathy, fairness, equality, moral identity, moral exemplars, feelings, behaviors, personality, and the consequences of the decision.

2:40-3:20

“Mental Health Professions Licensing Board Updates and Discussion”

Candise Leininger, MS, NCC, GCDF, LPC, EMDR

Kelly Heenan, PhD, LMFT, LPC

Zoom Room #1

Kelly Heenan, Chairperson of the MHPLB and Candise Leininger, MHPLB Board Member representing the LPCs will review recent changes and possible future changes in Rules and Regulations. Legislation that has been introduced that could impact our field will be reviewed and discussed. The opportunity for questions and discussion regarding what WCA members would like to see the Board address in the future will wrap up this presentation.

Friday, October 16, 2020

Zoom Room #1

9:00-11:50

Opening Remarks and Keynote Session

*In the Best Interests of ...Whom?
When Confidentiality and Due Process Collide in Court Cases Involving Children*

Ann M. Ordway, JD, PhD, NCC

**3 hours of ethics*

12:00-1:00

LUNCH BREAK

Zoom Room #1

Zoom Room #2

1:00-2:20

Theory, Ethics, and Best Practices for Rocky Mountain Clinical Supervisors (Part 2)

*Lay-nah Blue Morris-Howe, PhD, LPC
Amanda DeDiego, PhD, NCC
Andrea McGrath, PhD, LPC, LAC, LIMHP*

**1.5 hours of supervision*

1:00-2:20

Technological Therapy in Tough Times

Susan Meyerle, LIMHP, CEAP

<p style="text-align: center;">2:40-3:30</p> <p style="text-align: center;"><i>Inviting Self-Reflection and Awareness: The Challenges and Benefits of Self-Disclosure</i></p> <p style="text-align: center;"><i>Kristin Erickson, LIMHP (NE), LPC (NE), ACS, BCB</i></p>	<p style="text-align: center;">2:40-3:30</p> <p style="text-align: center;"><i>The Veteran Experience</i></p> <p style="text-align: center;"><i>Danielle Smith</i> <i>Combat Veteran, MSW, Addiction Cert, LCSW</i></p>
<p style="text-align: center;">3:50-4:40</p> <p style="text-align: center;"><i>School Based IEP Counseling: Challenges and Supports</i></p> <p style="text-align: center;"><i>April Petty, MS, LPC, NCC</i> <i>Kayla Wilkinson, MS, PPC, NCC</i></p> <p><i>*WySCA Featured Session</i></p>	<p style="text-align: center;">3:50-4:40</p> <p style="text-align: center;"><i>Grief & Loss: Fostering Connection</i></p> <p style="text-align: center;"><i>Lindsey Nichols, LCPC (MT), Class 6 Licensed School Counselor (MT), NCC</i> <i>Celeste Fiori, MA, NCC</i> <i>Patrice Parkinson, MA, NCC</i></p>

Session Descriptions: Friday October 16th

9:00-11:50 Zoom Room #1



Keynote Session:

“In the Best Interests of ...Whom? When Confidentiality and Due Process Collide in Court Cases Involving Children”

Ann M. Ordway, JD, PhD, NCC

Subpoenas and the prospect of court-involvement can be intimidating for clinical mental health counselors. Yet, minimal, if any, information is infused into counselor education programs regarding court process, terminology, or even how to respond when called to testify. Counselors working with clients embroiled in family litigation are among the most vulnerable – and this seems to be even more the case when the counselor is working with children. This presentation will include a primer to increase understanding and familiarity with legal proceedings; a focus on the challenges associated with counseling children or becoming an expert in cases involving the best interests of children – and navigating the very delicate balance of confidentiality and mandatory reporter status. Participants will be invited to examine best practices for protecting the children and families they serve, while also complying with expectations and requirements associated with court-involved roles, those that are purposeful, and those that are imposed through subpoena or accidental advocacy.

About the Presenter: Ann M. Ordway, JD, PhD, was an attorney in New Jersey in the field of family law for many years before becoming a counselor educator. She is now the College Academic Director of Counseling at the University of Phoenix, where she also teaches. Dr. Ordway is committed to increasing the preparedness of clinical mental health counselors for responding to subpoenas, court testimony, and for court-involved roles. She has been a mediator, a parenting coordinator, and a Guardian ad Litem for the benefit of children caught in the middle of intrafamily court proceedings. Her areas of research and interest include working with children in sensitive family dynamics, intimate partner violence, parenting coordination and high conflict management interventions with families, multicultural competency, and familiarizing counselors with court and legal matters. Dr. Ordway has published and presented related to these areas. She is a member of the Board of Directors for the Association of Family and Conciliation Courts and a Trustee for the Association of Creativity in Counseling. She resides in Gilbert, Arizona with her husband, and two of their nine (not a typo!) children.

1:00-2:20

“Theory, Ethics, and Best Practices for Rocky Mountain Clinical Supervisors (Part II)”

Lay-nah Blue Morris-Howe, PhD, LPC

Amanda DeDiego, PhD, NCC

Andrea McGrath, PhD, LPC, LAC, LIMHP

Zoom Room #1

Supervision is a critical aspect of counselor training and development. Especially in Rocky Mountain communities, supervision is a complex relationship including considerations of community need and ethical conduct. This session explores supervision theory, ethical problem solving, and considerations for supervisors working in rural communities.

“Technological Therapy in Tough Times”

Susan Meyerle, LIMHP, CEAP

Zoom Room #2

Many of us have ventured into a new frontier of providing counseling services electronically. Some have gone willingly and others, less so. This session will address the changes providing services electronically can bring for the client and for the counselor including tips to increase the effectiveness of therapy using technology. Areas of discussion include: What question(s) do you have about providing services electronically? What challenges have you faced in providing services electronically? What has been the greatest lesson you’ve learned in providing services electronically?

2:40-3:30

“Inviting Self-Reflection and Awareness: The Challenges and Benefits of Self-Disclosure”

Kristin Erickson, LIMHP (NE), LPC (NE), ACS, BCB

Zoom Room #1

Hearing the term "self-disclosure" naturally tends to invoke a reaction from counselors. There is a wide variety of thoughts on whether or not self-disclosure should be used with clients. Is it helpful? If yes, when, why, and how are quick follow-up questions. If not, why not? Can't be that harmful, right? This presentation invites reflection on various types of self-disclosure. We will explore the benefits and challenges of self-disclosure with clients. Theoretical, multicultural, and ethical considerations will also be discussed.

“The Veteran Experience”

Danielle Smith, Combat Veteran, MSW, Addiction Cert, LCSW

Zoom Room #2

The cultural aspects, combat experiences, and treatment options for combat Veterans is important to helping Veterans and their families. EMDR & CPT will be described with outcomes and how important connections are to recovery.

3:50-4:40

WySCA Featured Session: “School Based IEP Counseling: Challenges and Supports”

April Petty, MS, LPC, NCC

Kayla Wilkinson, MS, PPC, NCC

Zoom #1

Have you ever wondered how to provide counseling to clients with special needs? Are you a practitioner who provides counseling services in a school setting? Have you been invited to participate in a school-aged client's IEP meeting but don't know what to contribute to the IEP team? This session will help guide you through these questions. We will present an overview of typical school intervention systems and protocols for adding school based counseling on an IEP. We will also include resources to use when working with students on IEPs plus a quick and dirty review on writing SMART goals.

“Grief & Loss: Fostering Connection”

Lindsey Nichols, LCPC (MT), Class 6 Licensed School Counselor (MT), NCC

Celeste Fiori, MA, NCC

Patrice Parkinson, MA, NCC

Zoom #2

This presentation will give the presenters and audience a chance to discuss grief and loss together. Particularly, clarifying language around grief and loss as well as sharing responses and coping strategies of counselors and clients. The aim of this presentation is to recognize the pervasiveness of grief so that instead of believing we are unequipped as general practitioners, we can more readily embrace client's suffering.

Saturday, October 17, 2020

Zoom Room #1

Zoom Room #2

9:00-10:20

The Target Sociogram and How to Use it in Practice

Joelle Lewis, BSW, MSW, MBA, Ed.D

9:00-10:20

Play Therapy in the Time of COVID

*R. Paul Maddox II, Ph.D., LPC, NCC
Lindsey Salisbury, LPC, RPT, NCC
Darla Sneathen, LPC, NCC, RPT
Donna Alvarez, LPC, NCC, RPT-S*

**WAPT Featured Session*

10:40- 11:30

Legislative Advocacy for Counselors in the Cowboy State

*Lindsay Simineo, LPC
WCA Legislative Advocate*

10:40- 11:30

*Counselors' Supporting Youth Grief - Skill
Development/Wellness*

*RebeccaAnne Edelman, MEd, MA, PPC, NCC
Lindsey Nichols, LCPC (MT), Class 6 Licensed School
Counselor (MT), NCC
Tanya Brown, MA, QMHP – A/C*

11:30-12:30

LUNCH BREAK

Zoom Room #1

Zoom Room #2

<p style="text-align: center;">12:30-1:20</p> <p style="text-align: center;"><i>Facilitating Telehealth Services with Mobile Telepresence "Robots"</i></p> <p style="text-align: center;"><i>Amanda DeDiego, PhD, NCC R. Paul Maddox II, Ph.D., LPC, NCC</i></p>	<p style="text-align: center;">12:30-1:20</p> <p style="text-align: center;"><i>Perinatal Mental Health: A Primer for Mental Health Professionals</i></p> <p style="text-align: center;"><i>Kara Hurt-Avila, PhD, LCPC</i></p>
<p style="text-align: center;">1:40-3:00</p> <p style="text-align: center;"><i>Suicide- Who's at Risk? How Can You Help?</i></p> <p style="text-align: center;"><i>Jeremy D. Bay, Executive Director Grace For 2 Brothers</i></p> <p><i>*1.5 hours of suicide</i></p>	<p style="text-align: center;">1:40-2:30</p> <p style="text-align: center;"><i>Artificial Intelligence and the Future of Counseling</i></p> <p style="text-align: center;"><i>Stephanie Bowman, JD, MA Russell Fulmer, PhD, LPC</i></p>

Session Descriptions: Saturday October 17th

9:00-10:20

“The Target Sociogram and How to Use it in Practice”

Joelle Lewis, BSW, MSW, MBA, Ed.D

Zoom Room #1

The Target Sociogram, created by the founder of Psychodrama, Sociometry, and Group Psychotherapy, J. L. Moreno, M.D., is a tool that can be used to map out relationships from the past, present, and future. It is essential in working with clients to help understand how they truly view the relationships in their lives, the dynamics between the client and each individual, and can decide how to change those relationships, whether putting some further away or bringing some closer. Clients can project how they would like to change those relationships, and then map out how to do so with insights gained.

WY-APT Featured Session: “Play Therapy in the Time of COVID”

R. Paul Maddox II, Ph.D., LPC, NCC

Lindsey Salisbury, LPC, RPT, NCC

Darla Sneathen, LPC, NCC, RPT

Donna Alvarez, LPC, NCC, RPT-S

Zoom Room #2

COVID-19 has impacted the lives of children and families. It has also forced counselors to adapt their methods and practices to meet changing safety and legal requirements while still addressing the needs of their clients. This presentation provides a review of play therapy practices, along with an overview of various ethical considerations related to play therapy, telehealth, and COVID related safety practices in schools, agencies, and private practice settings. The importance of counselor self-care will also be discussed, with a variety of resources being shared and explored.

10:40-11:30

“Legislative Advocacy for Counselors in the Cowboy State”

Lindsay Simineo, LPC

Zoom Room #1

Lindsay Simineo has been the legislative advocate for the Wyoming Counseling Association since 2019. Advocacy can seem foreign to the counseling profession, but is essential to both the well being of our clients and the success of the profession. In this hour, Lindsay will share how she fell into this role, what she has learned along the way, and what tools she can pass onto you for your own advocacy on the local, state, and federal level.

“Counselors’ Supporting Youth Grief - Skill Development/Wellness ”

RebeccaAnne Edelman, MEd, MA, PPC, NCC

Lindsey Nichols, LCPC (MT), Class 6 Licensed School Counselor (MT), NCC

Tanya Brown, MA, QMHP – A/C

Zoom Room #2

Grief and loss for children and youth is different than for adults. This may be something you have heard before, and current times are pushing us to recognize the losses children are experiencing in so many different forms. Interacting with the audience, the presenters will generally discuss the uniqueness of childhood grief and particularly ways to be proactive in working with clients/students who might be more negatively affected.

12:30-1:20

“Facilitating Telehealth Services with Mobile Telepresence ‘Robots’”

Amanda DeDiego, PhD, NCC

R. Paul Maddox II, Ph.D., LPC, NCC

Zoom Room #1

In this session, the use of mobile robotic telepresence to facilitate telehealth in counseling and use in counselor education for creative arts and experiential learning activities will be explored. A brief demonstration of the use of mobile robotic telepresence will be conducted and participants in this session may also engage in select virtual experiential activities. Strategies for the use of mobile robotic telepresence in the facilitation of virtual experiential learning activities for counseling students will also be discussed.

“Perinatal Mental Health: A Primer for Mental Health Professionals”

Kara Hurt-Avila, PhD, LCPC

Zoom Room #2

Postpartum depression is the leading health complication of the perinatal period, yet this topic is largely absent from counseling training and literature. This presentation will provide participants with an overview of mental health concerns across the period of pregnancy through one year postpartum. Topics will include common symptoms and experiences, clinical diagnoses, screening practices in medical and mental health offices, evidence-based counseling treatments, and infant mental health and attachment. Additionally, we will share resources for advanced clinical specialization and certification, recommended books and literature, and organizations at the forefront of advocating for this population.

1:40-2:30

“Artificial Intelligence and the Future of Counseling”

Stephanie Bowman, JD, MA

Russell Fulmer, PhD, LPC

Zoom Room #2

Artificial intelligence (AI) is beginning to impact the field of mental health and may soon be prevalent in counseling (Fulmer, 2019). By widely educating and normalizing access to mental health services with the accessible and confidential tap of a smartphone, AI is helping to destigmatize mental health concerns and treatment (see Joerin, Rauws, Fulmer, & Black, 2020 for more). Moreover, AI chatbots that deliver cognitive behavioral therapy have been shown to reduce symptoms of depression and anxiety (Fulmer et al., 2018). AI will also likely supplement and support in-person psychological services in the future (Miner et al., 2019).

1:40-3:00

“Suicide - Who’s at Risk? How Can You Help?”

Grace for 2 Brothers

Jeremy D. Bay, Executive Director

Zoom Room #1

The presentation will define suicide, discuss statistics, figures, warning signs and risk factors and prevention and intervention methods. It will also cover available resources and ways Grace for 2 Brothers can help providers with training and resources.

Presenter Biographies

Amanda DeDiego, PhD, NCC is an Assistant Professor of Counseling at the University of Wyoming. She is based at the Branch Campus in Casper and helped to restart the Casper cohort for the counseling program in 2016. She also serves as the Chapter Faculty Advisor for the Mu Nu Tau Chapter of Chi Sigma Iota International Counseling Honor Society for UW. She has a PhD in Counselor Education from the University of Tennessee and holds a MS in Community Counseling from the University of North Georgia. She is trained in EMDR and loves to work with adolescents and emerging adults.

Amanuel Asfaw, PhD is an Associate professor in the Department of Psychological Science and Counseling at Austin Peay State University. He is a Nationally Certified Counselor (NCC), and his research interests include addictions recovery, addictions education, and ethics education.

Andrea McGrath, MA, LPC is an Assistant Professor in the Master of Arts in Counseling (MAC) program at Doane University in Lincoln, NE. She received her PhD in Counselor Education and Supervision from the University of Wyoming in 2020. She is currently licensed as a Licensed Professional Counselor (WY and CO), Licensed Addiction Counselor (CO), and Licensed Independent Mental Health Practitioner (NE). She is also a designated qualified clinical supervisor (DQCS) in the state of Wyoming. Her area of clinical focus has been working with adults with substance use and mental health concerns.

April Petty, MS, LPC, NCC is the school counselor for Douglas Upper Elementary School. Prior to her career in school counseling, April was a Head Start Home Visitor. A Chicago native, she has lived in Wyoming for 15 years. She graduated in 2013 from the University of Wyoming and is a past president of the Wyoming School Counseling Association. She loved her ability to advocate on the WySCA board so much, she came back and is the current appointed Treasurer. She has also previously co-presented at WCA conferences on the role of school counselors and also on understanding student trauma.

Candise Leininger, MS, NCC, GCDF, LPC, EMDR was appointed by Governor Gordon to the MHPLB March of this year to represent the LPCs on the Board. Candise has filled the position after the of long term appointment Lance Goede vacated this position. Candise is in private practice in Cheyenne after practicing for years in Casper. She is an EMDR certified therapist and an EMDRIA approved Consultant and Trainer. Candise is focused on ethical counseling practices and on licensed mental health professionals receiving quality continuing education as a way to help protect the public.

Celeste Fiori, MA, NCC is a doctoral student in the Counselor Education and Supervision program at the University of Wyoming. She earned her Bachelor of Science in Psychology from UNC Charlotte and her Master of Arts in Clinical Mental Health Counseling from Northwestern University. Celeste's clinical work has been centered on providing psychosocial support to children diagnosed with life-threatening illnesses through play and expressive art therapy on the general pediatric floor of a

children's hospital in North Carolina. Her most recent presentation focused on the influence pediatric medical traumatic stress has on the social and emotional functioning of children and caregivers.

Danielle Smith, Combat Veteran, MSW, Addiction cert, LCSW-924 is a 17 year medically retired Army combat Veteran with over 6 years experience working with combat Veterans and Veterans having experienced military sexual trauma. She was also married to a combat Veteran. She graduated with a MSW from Univ of Southern CA with a concentration in mental health and sub concentration in military social work. She has been the Commander of the VFW in Casper for a 3rd year and the Department of WY Jr. Vice Commander. Her passion is working with Veterans.

Jan Schaad, LCSW has many years of clinical experience working with addictions and compulsive behavior patterns, including alcohol and other drugs, sex, food and gambling. Her experience includes clinical work in inpatient and outpatient settings, working both with the individual and family system. In addition, she has designed clinical programs for the treatment of addiction, and been involved in strengthening community supports for addiction recovery.

Jane Warren, PhD, LPC, LMFT, LAT has been a full-time faculty with the MA Counseling program with Saybrook University since June 2016. From 2007 to 2016 she was faculty with the Counselor Education Program at the University of Wyoming. From 1985 through 2007 she was employed as a counselor, supervisor, and director for a Wyoming community mental health center working with both mental health and substance abuse challenges. From 2000 through 2008 she served in the Wyoming State Legislature as a member of the House and was successful with legislation in the ethics codes for practitioners, DUI requirements, and voting rights for persons with felonies.

Jeremy Bay is the Executive Director of Grace for 2 Brothers. He is a native of Cheyenne and a 21-year Navy Veteran. He holds a Bachelor of Science in Human Services with additional education in human development. He is enrolled in one of the first and only Military and Emergency Responder Psychology graduate programs in the country. Jeremy is dedicated to social equality and bringing community assets together to create suicide safer communities through formal partnerships and cooperation - "simply identifying a problem is not enough, there has to be a solution - for example, if I see cracks in a dam, I can warn people about risks to their safety, but until systems are in place to repair the cracks, the danger is still there". Jeremy's experience with suicide prevention include personal struggles related to his military career and transition to civilian life and most recently overseeing the Wyoming Army National Guard's suicide and substance abuse prevention programs as a contract employee.

Joelle Lewis, BSW, MSW, MBA, Ed.D. in Counselor Education and Supervision started teaching in 2005, is currently Core Faculty at Walden University in the Clinical Mental Health in Counseling master's program. My private practice specialized in adult survivors of childhood trauma and abuse. I was Executive Director of a domestic violence shelter and outreach program, Director in residential treatment for at-risk adolescents, therapist in residential treatment for chronically mentally ill, and therapist for children K-12 and for Elderly. My interests include educating students for superior practice.

I provided multiple presentations at ACA, ACES, RMACES, co-authored several book chapters, and published a book: McLain & Lewis. (2020). Professional Behaviors and Dispositions.

Kara Hurt-Avila, PhD, LCPC is an assistant professor at Montana State University and is a Licensed Clinical Professional Counselor and approved supervisor in the State of Montana. Her clinical specializations are in maternal mental health, filial therapy, and infant/early childhood mental health consultation. She currently mentors master's-level counselors-in-training developing experience and competence in perinatal mental health and provides consultation for community organizations working with families in the perinatal period.

Kayla Wilkinson, MS, PPC, NCC is an IEP counselor in the Natrona County School District. She currently provides IEP counseling to students with special needs at one of the local high schools and is the President Elect of the Wyoming School Counseling Association. She graduated from the University of Wyoming in 2019 and has co-presented on using various expressive counseling techniques at the 2018 WCA conference.

Kelly Heenan, PhD, LMFT, LPC currently serves as the Chair of the Mental Health Professional Licensing Board and the Marriage and Family Therapy Representative. She has been on the Board since 2011 and enjoys the collaborative nature of being on a composite board. While on the board she has focused on making care more accessible (i.e. reciprocity, telehealth) and providing quality supervision to emerging therapists. Professionally, she has worked in private practice, community mental health, government contracting with the military, and most recently in the school districts. Additionally, she has taught for Capella University for the past 7 years as faculty in their marriage and family therapy graduate program.

Kristin Erickson, PhD, LIMHP, CPC (NE), NCC, ACS, BCB is an Assistant Professor in Clinical Counseling at Bellevue University. She holds a Ph.D. in Counselor Education and Supervision from University of Wyoming, and is currently a Licensed Independent Mental Health Practitioner in Nebraska where she is also holds a certification as a Professional Counselor. Kristin is a National Certified Counselor, an Approved Clinical Supervisor, and Board Certified in Biofeedback.

Lay-nah Blue Morris-Howe is an Assistant Professor in Counselor Education and Supervision at the University of Wyoming. She is also a Licensed Professional Counselor and a Designated Qualified Clinical Supervisor in Wyoming. She has been in private practice in Laramie for the past 11 years.

Lindsay Simineo, LPC is a Licensed Professional Counselor in Cheyenne, WY. Her private practice focuses on trauma, adolescents and the needs of LGBTQ+ folks. Lindsay has been able to use her skills and interests towards advocacy as well as legislative work. Since 2017 Lindsay has been working with the WCA to monitor state and federal legislation that impacts mental health providers and consumers including but not limited to Medicare amendments, state licensure amendments, access to medicaid and access to services.

Lindsey Nichols, PhD, LCPC (MT), Class 6 Licensed School Counselor (MT), NCC is an Associate Professor in the Counseling program at the University of Wyoming. A former middle school counselor, current licensed clinical professional counselor, supervisor, researcher and educator, Lindsey has written and presented on a wide range of topics related to cultural approaches to wellness including extensive work with grief and loss. Although her experience in grief counseling has primarily focused on youth, for seven years she worked and volunteered at Tamarack Grief Resource Center (TGRC) in Missoula, Montana. At TGRC, she served clients across the lifespan in individual, group/workshop, and camp/retreat settings.

Patrice Parkinson, MA, NCC is an international student from Jamaica pursuing her doctorate in Counselor Education and Supervision at the University of Wyoming. Patrice earned her M.A. in Clinical Mental Health Counseling from Liberty University, a B.S. in Psychology from the University of the West Indies, and B.A in Divinity from Grace College of Divinity. Patrice has served as an online adjunct faculty and media coordinator for Chi Sigma Iota Rho ETA chapter, International Counseling Honor Society. Her research interests include attachment, multicultural counseling, international student perspectives, and chronic illness. She plans to use her research findings to enhance cross-cultural advocacy.

Rebecca Anne Edelman, MEd, MA, NCC, PPC is 3rd year doctoral student at the University of Wyoming studying Counselor Education and supervision. She obtained her MA in Counseling from Wake Forest University with a focus on schools. Previously, she has worked in schools and mental health clinics in NC. She currently serves as President for Chi Sigma Iota, Mu Nu Tau chapter at UW and is a fellow for CSI international. She also interns as a Mental Health Specialist with the University of Wyoming Athletics Department.

Robert Paul Maddox II, PhD, LPC (MO), NCC is a counselor educator at the University of Wyoming at Casper. His academic credentials include a Ph.D. in Counselor Education and Supervision, an Ed.S. in Counseling Education, and a M.A. in Community Counseling. Additionally, he is a Licensed Professional Counselor (LPC) and a National Certified Counselor (NCC) with experience as a school counselor and a mental health counselor. Dr. Maddox has also published articles and presented at numerous state, regional, and national conferences regarding a variety of counselor education related topics such school counseling, play therapy, ethics, creativity in counseling, experiential learning, and pedagogy in counselor education.

Russell Fulmer, PhD is a Clinical Associate Professor with the Counseling@Northwestern program through Northwestern University. He earned a master of science in community counseling from Fort Hays State University and later a PhD in counselor education from Kansas State University. He is a licensed professional counselor (LPC) with international clinical experience in cross-cultural environments. Dr. Fulmer spent five years working in medical education internationally. Dr. Fulmer's areas of interest include psychodynamic theory and the interface of artificial intelligence and counseling.

Stephanie Bowman, JD, MA is pursuing a PhD in Counselor Education and Supervision at the University of Wyoming. In June 2020, she earned an MA with Distinction in Mental Health Counseling from Northwestern University. While at Northwestern, she was a graduate assistant to Dr. Anita Neuer Colburn. Prior to pursuing a career in mental health, she was a civil litigator for 10 years. She earned her JD in 2010 from Chicago-Kent College of Law. Stephanie's research interests include AI and mental health counseling, mental health in the legal profession, virtual reality, mnemonic devices, trauma-informed therapy, and memory reconsolidation.

Stephanie Keane, Ph.D., LAT, LPC, NCC has worked in a number of capacities in the helping professions for about fifty years. This has included inner city housing projects in a major urban area, medical settings, corrections, psychiatric hospitals, and higher education. She has presented at the state, regional, national, and international level. She has an extensive background in neuroscience, sexual offender assessment and therapy, and expressive arts therapy.

Susan Meyerle, PhD, LIMHP, CEAP is a trendsetter in telemental health and ethics education through <http://www.ethicsrock.com/>. She is been very active in several organizations: AASCB (former President), AMFTRB, ASWB, FARB, and the Nebraska Board of Mental Health Practice (past chair). With her experience as an educator, regulatory board member, therapist, author and inspirational speaker, she makes reviewing ethical protocols interesting, engaging, and relevant.

Tanya Brown, MA, QMHP – A/C graduated with honors from PACE University, earning her B.A. in Psychology and then M.A. in Professional Counseling from Liberty University. She is currently a PhD graduate student at the University of Wyoming in the Counselor Education and Supervision program. For 15 years, Tanya has been working in the Mental Health Profession including Intensive In-Home, Mental Health Skills Building, Group Home, and Therapeutic Day Treatment. She has provided school based, strength-based groups and individual sessions to youth as well as family sessions and case management. With 10+ years of experience as a supervisor for various community-based mental health agencies.

Tina Nirk, MS, LPC, NCC is currently a doctoral student in Counselor Education and Supervision at the University of Wyoming. She is an instructor for undergraduate counseling courses at the University of Wyoming as well as a mental health clinician at Ivinson Memorial Hospital, Behavioral Health Services. She coordinates Ivinson Memorial Hospital's engagement in Wyoming's Title 25 commitment process. Research interests include: Existential suffering, narrative therapy, spirituality, and resiliency. Her article, Family Letter Writing in Terminal Cancer, published March 2020 in Omega Journal of Death and Dying incorporated these concepts in a qualitative research project.

Vivian Arroyo, MSW, LCADC, CAMS-I, CCTP, CCTS-S is a Ph.D Student in the Counselor Education Program at Saybrook University.

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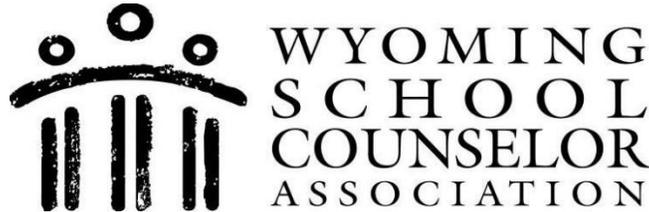
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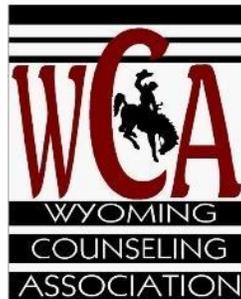
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Thank You!

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participating in the
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We hope to see you at the 2021 conference!

Clock Hours Documentation

Please indicate sessions attended and calculate clock hours earned. No need to turn in anything, this is just for your own records.

Name: _____

Hours Earned	Thursday Oct 15, 2020
	<p>9:00-10:20 (1.5 clock hours)</p> <p><input type="checkbox"/> Approaching Risk Assessment for Suicide with Existential Understanding and Cultural Humility <i>Tina Nirk, MS, LPC, NCC</i> <i>*1.5 hours of suicide training</i></p> <p><input type="checkbox"/> BE the Calm in the Storm: Assisting Clients With Self-Regulation (Part 1) <i>Jan Schaad, LCSW</i></p>
	<p>10:30-11:50 (1.5 clock hours)</p> <p><input type="checkbox"/> The Class Menagerie: Learning the Process Dimension in Counseling and Supervision <i>Stephanie Keane, PhD, LAT, LPC, NCC</i> <i>*1.5 hours of supervision or ethics training</i></p> <p><input type="checkbox"/> BE the Calm in the Storm: Assisting Clients With Self-Regulation (Part 2) <i>Jan Schaad, LCSW</i></p>
	<p>1:00-2:20 (1.5 clock hours)</p> <p><input type="checkbox"/> Theory, Ethics, and Best Practices for Rocky Mountain Clinical Supervisors (Part 1) <i>Lay-nah Blue Morris-Howe, PhD, LPC</i> <i>Amanda DeDiego, PhD, NCC</i> <i>Andrea McGrath, MS, LPC</i> <i>*1.5 hours of supervision training</i></p> <p><input type="checkbox"/> Being Human in Complex Decision Making <i>Jane Warren, PhD, LPC, LMFT, LAT</i> <i>Amanuel Asfaw, PhD</i> <i>Vivian Arroyo, MSW, LCADC, CAMS-I, CCTP, CCTS-S</i></p>
	<p>2:40-3:40 (1 clock hour)</p> <p><input type="checkbox"/> Mental Health Professions Licensing Board Updates and Discussion <i>Candise Leininger, MS, NCC, GCDF, LPC, EMDR</i> <i>Kelly Heenan, PhD, LMFT, LPC</i></p>

Friday Oct 16, 2020

8:30-12:00 (3 clock hours)

- Keynote Session: In The Best Interest of...Whom? When Confidentiality and Due Process Collide in Court Cases Involving Children

Ann M. Ordway, JD, PhD, NCC

**3 hours of ethics training*

1:00-2:20 (1.5 clock hours)

- Theory, Ethics, and Best Practices for Rocky Mountain Clinical Supervisors (Part 2)

Lay-nah Blue Morris-Howe, PhD, LPC

Amanda DeDiego, PhD, NCC

Andrea McGrath, MS, LPC

**1.5 hours of supervision training*

- Technological Therapy in Tough Times

Susan Meyerle, LIMHP, CEAP

2:40-3:30 (1 clock hour)

- Inviting Self-Reflection and Awareness: The Challenges and Benefits of Self-Disclosure

Kristin Erickson, LIMHP (NE), LPC (NE), ACS, BCB

- The Veteran Experience

Danielle Smith, Combat Veteran, MSW, Addiction Cert, LCSW

3:50-4:40 (1 clock hour)

- School Based IEP Counseling: Challenges and Supports

April Petty, MS, LPC, NCC

Kayla Wilkinson, MS, PPC, NCC

- Grief & Loss: Fostering Connection

Lindsey Nichols, LCPC (MT), Class 6 Licensed School Counselor (MT), NCC

Celeste Fiori, MA, NCC

Patrice Parkinson, MA, NCC

Saturday Oct 17, 2020

9:00-10:20 (1.5 clock hours)

- The Target Sociogram and How to Use it in Practice

Joelle Lewis, BSW, MSW, MBA, Ed.D

- Play Therapy in the Time of COVID

R. Paul Maddox II, Ph.D., LPC, NCC

Lindsey Salisbury, LPC, RPT, NCC

Darla Sneathen, LPC, NCC, RPT

Donna Alvarez, LPC, NCC, RPT-S

10:40-11:30 (1 clock hour)

	<input type="checkbox"/> Legislative Advocacy for Counselors in the Cowboy State <i>Lindsay Simineo, LPC</i> <input type="checkbox"/> Counselors' Supporting Youth Grief - Skill Development/Wellness <i>RebeccaAnne Edelman, MEd, MA, PPC, NCC</i> <i>Lindsey Nichols, LCPC (MT), Class 6 Licensed School Counselor (MT), NCC</i> <i>Tanya Brown, MA, QMHP – A/C</i>
	<p>12:30-1:20 (1 clock hour)</p> <input type="checkbox"/> Facilitating Telehealth Services with Mobile Telepresence “Robots” <i>Amanda DeDiego, PhD, NCC</i> <i>R. Paul Maddox II, Ph.D., LPC, NCC</i> <input type="checkbox"/> Perinatal Mental Health: A Primer for Mental Health Professionals <i>Kara Hurt-Avila, PhD, LCPC</i>
	<p>1:40-2:30 (1 clock hour)</p> <input type="checkbox"/> Artificial Intelligence and the Future of Counseling <i>Stephanie Bowman, JD, MA</i> <i>Russell Fulmer, PhD, LPC</i>
	<p>1:40-3:00 (1.5 clock hours)</p> <input type="checkbox"/> Suicide- Who’s At Risk? How Can You Help? <i>Grace For 2 Brothers</i> <i>Jeremy D. Bay, Executive Director</i> <i>*1.5 hours of suicide training</i>

Total Hours Earned (17 possible): _____

Total Ethics Hours Earned (4.5 possible): _____

Total Suicide Training Hours Earned (3 possible): _____

Total Supervision Training Hours Earned (4.5 possible): _____



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