

# Wyoming Counseling Association 2014 Annual Conference

"It's All About the People" ♦ October 9-11, 2014  
Casper, Wyoming (Best Western Ramkota Hotel)

## *Beyond Our Wildest Dreams!*

*Exploring Our Night-Time Dreams for Our Health and Wholeness in Our Professional and Personal Lives*

### Pre-Conference Workshop (6 CEs)

Thursday, October 9<sup>th</sup> ♦ 8:30 am – 4:30 pm  
Dr. Royce, Fitts, D. Min., L.M.F.T.

Every night we make movies in our heads! Every night we make stories come alive and we experience the most outlandish of things: We fly! Or, we can't run from danger! Our teeth fall out! We fall and wake up before we hit the ground! We see storms or wars! We swim with dolphins or visit with lions and tigers and bears (oh my)! We converse with long-dead relatives. We solve problems. We write songs. We invent new tools. All these and more come alive in our night-time dreams.

In this experiential and "dreams on" pre-conference workshop, we will be unlocking the *clinical, spiritual, cultural, personal, universal wisdom, and healing of our dreams*. We will learn the process and skills of Projective Dream Work using examples from volunteers' dreams (YOUR dreams) to explore the rich meanings of dreams for all of us. We will see how we can "borrow" someone else's dream and let that dream serve to give us new direction and insights for our life. We will see how we can use the dreams of our clients to assist our clients' to move to new levels of health and wholeness. Projective Dream Work uses a natural, built-in, instinctual process of what all humans do: We project our conscious and unconscious inner thoughts, impulses, feelings, and beliefs onto others and onto objects. Projective Dream Work explores this dynamic in safe, gentle, non-judgmental, fun, non-invasive, and egalitarian ways. Take these skills home, and use them in your clinical and personal lives.

Join us on this intellectually fascinating and rewarding exploratory journey!

Dreams truly are... All About the People!

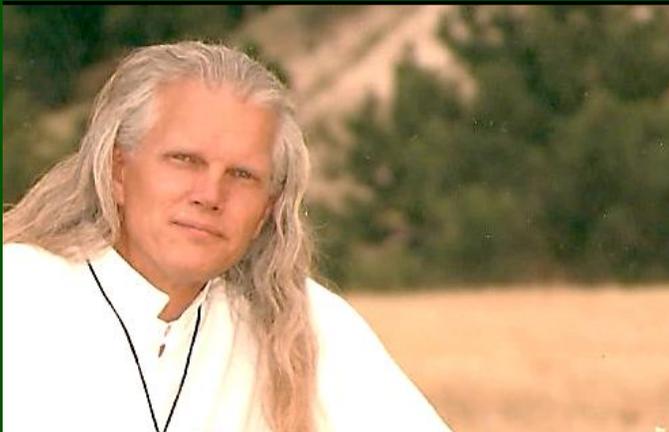
# Beyond Our Wildest Dreams! (Cont.)

*Exploring Our Night-Time Dreams for Our Health and Wholeness in Our Professional and Personal Lives*

In this Projective Dream Work pre-conference workshop, we will explore and:

- Use the current and historical psychological theories of dreams, and explore the unique cultural and systemic influences in dream understanding.
- Understand how---your's, my, our neighbor's, our clients'--- "the people's projections" about the meanings of dreams are AS VALID as the "professional dream interpreters."
- See how "one dream" can have multitudes of meanings, both for the dreamer and for the community.
- Work on the dreams of children, seeking to understand what their growing inner life is seeking to support and assist in their healing and wholeness.
- Respect the dreams of our indigenous people in Wyoming, seeking to be culturally informed and understanding the validity of our "first people's" sacred meanings of dreams.
- See how dreams can be used in individual, couples and family psychotherapy and be a powerful therapeutic intervention and tool for inviting healing change in our clients.
- Use large and small experiential dream groups in our conference to share and work on OUR dreams.
- Experiment with "Dream Drama" to powerfully "act-out" and "sculpt" our dreams.
- Tap into the "energy" of the dreams and "Dance Our Dreams", using music and free-form dance and body movement.

*Dreams are truly All About the People!*



**Dr. Royce Fitts, D. Min., L.M.F.T.**

Dr. Royce Fitts, D. Min, L.M.F.T., is certified in Projective Dream Work through the Marin Institute for Projective Dream Work of Fairfield, California. He holds a Doctor of Ministry in individual, couples and family psychotherapy from Christian Theological Seminary, Indianapolis, IN. He is licensed in Wyoming, Nebraska, and Indiana as a Marriage and Family Therapist. He is a Clinical Member of The American Association for Marriage and Family Therapy and a Fellow in the American Association of Pastoral Counselors. Dr. Fitts is a Spiritual Counselor, Psychotherapist and Dream Worker practicing in WY, NE and on-line. He leads Dream Work Retreats where ever you want! He is also trained in Bowen Family Systems Theory and uses Systems Thinking to Coach and Consult with Executives, Business Owners and Managers. He calls this approach: "Lead Yourself First!" Dr. Fitts loves to hike and run (slowly!), using the ancient "barefoot-style form" of our ancestors. To learn more about Dr. Fitts, check out his website at: [www.drfitts.com](http://www.drfitts.com)